

What to Bring to Seabeck
Updated December 1, 2005
(Ideas to guide you - use your own judgement)

- Map and driving directions
 - Picture of yourself or of your family
 - Clothes for 8 days/ 7 nights (Summer) or 5 days/4 nights (Spring and Winter)
 - Nightclothes, slippers, robe
 - Swimsuit and swim towel, beach toys (summer only)
 - Toiletries: toothbrush, toothpaste, medications in original containers, comb & brush, shampoo, razor, soap dish, etc.
 - Battery alarm clock (Wake-up bells have been discontinued.)
 - Laundry bag, detergent
 - Hair dryer, curling iron
 - Jacket, rain gear, cap, gloves, sweater, sweatshirt, boots, tennis shoes
 - Fancy clothes for dance, costume parade, talent show, etc. (Activities vary at each camp.)
 - Nametag decorations—beads, stickers, fancy nametag cord
 - Flashlight, camera and film, binoculars
 - Fanny pack, tote bag or backpack, umbrella, water bottle
 - Cash for ferries, snacks, ice cream, store purchases, pop machines, ping-pong balls, clothes washer
 - Checks for bookstore, Eliot t-shirts, and \$50 per person deposit for future camps
 - Earplugs, hangers, door bracket, lamp, extension cord, fan (depending on your room and personal needs) *Note: Seabeck provides bedding (including pillows, pillowcases, topsheet, blankets, fitted bottom sheets and bedspread), towels, wash cloths and soap. Most bathrooms are shared, some are outside.*
 - Musical instruments, sheet music, tapes, CDs, CD player
 - Tennis rackets, tennis balls, ping-pong paddles, frisbees, other games, sports equipment & puzzles
 - White cotton clothing items to tie-dye
 - Lawn chair or blanket for lawn, beach towel, reading book, craft projects, art supplies, notebook, pen, pencil, bird guide, blankets or pillows for use outdoors or in youth room
 - Coffee cup, child's drink cup
 - Items to share, such as poetry, other readings, artwork, photo albums, snacks
 - Sleeping bags for MAG and youth overnights
 - Lifejackets for use in rowboats (if you prefer to use your own) *What **not** to bring:*
 - Anything illegal, including no cigarettes for anyone under 18, no alcohol for anyone under 21
 - Bicycles, riding toys, skates, skateboards, fireworks
 - Guns or other weapons (real **or toy**)
- Valuables--rooms are not locked!